



DIGITAL BALANCE

BALANCING DIGITAL COMPETENCIES AND WELLBEING

Digital Wellbeing Balance

Wednesday, 22 February 2023

Rue de l'Industrie, 10, 1000 Brussels 09.45 -13.00 (CET)

Programme

- 09:45** Registration
- 10:00** Welcome
Introduction of the Digital Balance project
Introduction of the Digital Wellbeing Resources Park,
Analysis Report and Empowerment Programme
Valentina Chanina, EfVET
- 11:00** How to be a Creative project manager
Carme Royo, eucen
- 11:30** How to exploring the Creative Change tools
Carme Royo, eucen
- 12:00** Open discussion and exchange good tools
- 12:30** Q&A
- 13:00** Closing
Thanks
Valentina Chanina, EfVET

ME organised by EfVET



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